

Darlene Brace

LCSW, LAC, ACS, ADS, RYT-200

EMDR Certified and Consultant

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Knowledge, Skills and Abilities

- **Licensed Clinical Social Worker (LCSW)**, since 11/01/2011 Colorado.
- **Acudetoxification Specialist (ADS)**, Colorado.
- **Multi-lingual. Fluent in English & Spanish.**
- **Licensed Addition Counselor in Colorado** since 6/2017 in Colorado.
- **Registered Yoga Teacher 200 hour (RYT)** since 7/2017 in Colorado.
- **EMDR Certified** through EMDRIA 12/2019
- **EMDR Consultant** through EMDRIA 12/2023
- **Certified Child and Adolescent Trauma Professional (CATP)**
- **Canine Activities Intervention Specialist (CAIS) 2/2022**
- Therapy Dog Registration- K9to5 National Therapy Dog Registry with Asha and Obie since 2/2/2016
- Tai Chi for Arthritis Instructor- Since 2/2014
- Licensed Zumba Instructor- Specialties in Zumba Toning, Zumba Gold, and Zumba Kids and Strong by Zumba. Since 2012
- Mixxedfit Dance Instructor since 2023
- Certified Group Fitness Instructor since May 2020
- CPR/ 1st Aid- 2008- Current
- Knowledge of social work practice, principles, and theories.
- Knowledge of complex helping systems, such as child and family prevention outreach services, professions, organizations and their management and administration.
- Skills in conducting interviews to establish the nature and extent of concerns/issues and implementing professional community organization strategies and initiatives.
- Ability to apply professional community organization skills related to the formulating of needs assessments.
- Knowledge of behavioral health assessment.
- Ability to make independent judgment around behavioral health and substance abuse field.
- Ability to develop comprehensive behavioral health and substance abuse treatment plans.
- Ability to provide technical advice around behavioral health.
- Development and marketing of domestic violence, family violence, Sexually transmitted disease, HIV, and healthy parenting prevention programs.
- Ability to effectively communicate both orally and in writing.
- Knowledge of social media marketing and promotion.
- Experience working with Native American and Tribal communities as well as immigrant populations.
- Experience in providing Clinical Supervision
- Skilled in delivering professional trainings and doing public speaking.
- Ability to provide Health Education

Awards

- *Volunteer of the Year*- Robert E Denier Youth Services 2011
- *Adams State University 2010 Exceptional New Alumna Award*- received 10/08/2010
- *Community Impact Award*- Colorado Coalition Against Domestic Violence 6/2010
- *Outstanding Leadership Award*- Office of Student Life Adams State University 4/2003
- *Senator of the Semester*- Adams State University Associated Student and Faculty Senate 4/2001

Employment

Adjunct Professor GSSW University of Denver (January 2021- Current) Denver, CO

- Teach graduate course online and on campus, Assessment of Mental Health Across the Lifespan, Social Work Theories, Substance Use Interventions, and Intersections of Trauma, Mental Health and Addictions.
- Keeping with departmental, university and accreditation standards, policies and procedures.
- Inform students of their progress by promptly returning assignments, quizzes, and examinations.
- Resolve student concerns and keep in good communication with students.
- Use of technology to assist in learning as needed.

Behavioral Health Director (August 2020- current) Inner City Health Center Denver, Colorado

- Provides oversight and organization of integrated behavioral health program, reviewing and updating documentation, clinical supervision and coaching for documentation of Medicaid and other insurances, group clinical supervision, and consultation to the director to enhance program effectiveness.
- Providing bio-psychosocial evaluation and treatment, group psychotherapy, case management, consultation services, advocacy, and discharge planning to clinic patients.
- Provides brief assessments for behavioral health and consults with medical providers.

Adjunct Professor GSSW Newman University (January 2020- May 2020) Colorado Springs, CO

- Teach graduate course Clinical Social Work Theory II- Families and Couples, in keeping with departmental, university and accreditation standards, policies and procedures.
- Inform students of their progress by promptly returning assignments, quizzes, and examinations.
- Resolve student concerns and keep in good communication with students.
- Use of technology to assist in learning as needed.

Authentic Healing LLC- (August 2019- current) Private Practice out of Colorado

- Providing outpatient individual, couples and family therapy using mindful, somatic, EMDR, DBT, Animal- Assisted therapy, and attachment focused.
- Provide community workshops around self-care and vicarious trauma.
- Facilitates training around Motivational Interviewing, EMDR and Brain Synchronization Therapy, sex addictions, trauma, domestic and sexual violence, and animal-assisted interventions.

Contract Clinical Supervisor (November 2017- current 5 hours weekly) Southern Colorado Health Network Colorado, Colorado Springs, Colorado

- Provides clinical supervision to social worker, LPCC and upper management.
- Provides group supervision to case management team and prevention team.
- Facilitates ongoing trainings.

Contract Clinical Supervisor and Therapist (July 2017- July 2020 25 hours weekly) El Centro De La Familia, Colorado Springs, Colorado

- Provides oversight and reorganization of behavioral health program, reviewing and updating documentation, clinical supervision and coaching for documentation of Medicaid and other insurances, group clinical supervision, and consultation to the director to enhance program effectiveness.
- Providing bio-psychosocial evaluation and treatment, group psychotherapy, casework management, consultation services, advocacy, and discharge planning to clients in Spanish or 1st generation Latino immigrants.

Practice Monitor- (February 2019- March 2020, 2 hours monthly) for DORA Colorado.

- Provides clinical supervision to a social worker who is on probation by her licensing board.
- Completed a complete and thorough practice evaluation of social in her private practice.
- Write monthly reports to DORA around the social workers practice and goals.

Contracted CHiPS Facilitator (July 2017- 2021, 20 hours a year) for National Health Promotions on United States of America Airforce Academy in Colorado Springs, Colorado.

- Cadet Healthy Personal Skills program (CHiPs). Facilitating workshops for incoming cadets at USAFA around skill building and prevention of bullying, sexual assault, and substance abuse.

Primary Therapist (November 2017- June 2017 40 hours weekly) at Peaks Recovery Services

Providing bio-psychosocial evaluation and treatment, group psychotherapy, casework management, consultation services, advocacy, and discharge planning to persons struggling with substance abuse and mental health in an extended care setting to females ages 18-30.

- Conducts comprehensive and complex risk assessments, clinical interviews, and psychosocial assessment of adults.
- Discerns when a change in treatment plan is needed and implements appropriate changes or actions; directs patient care, program development, staff development and supervision, training social work interns, and provide information in support of research.
- Interviewing clients to establish the nature and extent of concerns/issues, provide professional assistance to them, and determine appropriate referral services/opinions.
- Established and maintained resource links and community partnerships.

Behavioral Health Clinician (October 2015- October 2017 40 hours weekly) at Southern Colorado Health Network Colorado, Colorado Springs, Colorado

- Provided bilingual bio-psychosocial evaluation and treatment, group psychotherapy, casework management, consultation services, advocacy, and discharge planning to persons living with HIV or AIDS and people at high risk for contracting HIV.
- Conducted comprehensive and complex risk assessments, clinical interviews, and psychosocial assessment of adults.

- Coordinated and presents psychosocial wellness workshops for clients.
- Provided professional advisory services and training to other health care professionals and staff case managers.
- Served as a member of quality improvement team.
- Discerned when a change in treatment plan is needed and implements appropriate changes or actions; directs patient care, program development, staff development and supervision, training social work interns, and provide information in support of research.
- Planned and implementing professional community organizational strategies and initiatives.
- Provided support for case managers.
- Coordinated special events: as a HIV Positive Women's Retreat.
- Served as a community liaison with agencies to promote timely information exchange and advocacy.
- Established and maintained resource links and community partnerships.
- Provided professional advisory services and training to other health care professionals, installation personnel, and community agencies concerning primary and secondary preventing programs.
- Provided staff training in the following areas: Motivational Interviewing Skills, Pharmacology of Drugs, Suicide Skills, Behavioral Health Policies, Self-Care, and Trauma.

Therapist (June 2008-September 2015, 40 hours weekly) Alternative Horizons, Durango, Colorado

- Provided bilingual bio-psychosocial evaluation and treatment, group psychotherapy, family therapy, casework management, consultation services, and discharge planning and advocacy to youth, children and adults who have witnessed or experienced intimate partner/ domestic, child abuse and sexual violence.
- Provide therapeutic treatment to victims, offenders and family members of those involved in domestic violence or abuse.
- Conducted comprehensive and complex risk assessments, clinical interviews, and psychosocial assessment of children and adults.
- Provided therapeutic treatment to victims, and family members of those involved in domestic violence or child abuse or neglect as referred from local human services.
- Organized, managed, and administered adult, child and family prevention and outreach services.
- Interviewed clients to establish the nature and extent of concerns/issues, provide professional assistance to them, and determine appropriate referral services/opinions.
- Delivered group therapy to Denier Youth Services Youth Detention Facility to incarcerated youth.
- Provided professional advisory services and made treatment recommendations to the multi-disciplinary team of professionals at the Department of Human Service Child Protection Team. Analyzed the information and used professional judgment concerning difficult decisions that may have serious consequences to the child or the family.
- Created a 15 hour volunteer advocate training and training manual. Facilitated 12 of these volunteer trainings.
- Facilitated Community trainings and workshops in English and Spanish around intimate partner violence, effects of violence on children, stalking, teen dating violence, how to respond to violence and trauma, and healthy relationships, and mental health.
- Served as the community liaison for Alternative Horizons and established and maintained resource links and community partnerships.
- Was responsible for marketing and marketing evaluation activities for the implemented programs.
- Provided court victim advocacy.

- Delivered Spanish language translation and interpretation, and co-facilitated a multi-lingual multi-cultural support group for women survivors of intimate partner violence and children survivors.
- Facilitated therapeutic groups for children and teens in a public school setting, ran women's groups, and healthy relationship groups.
- Coordinated/provided training for first responders regarding the psychological aspects of sexual assault trauma victims through collaboration with SASO.
- Provided professional advisory services and training to other health care professionals, installation personnel, and community agencies concerning primary and secondary preventing programs.
- Provided the following workshops to the community: Affects of Trauma on Children, Teen Dating Violence, Domestic Violence 101 and 102, Peer Counseling Skills, Volunteer Advocacy Skills, Role of the Advocate, Trauma and Self Care, Empowerment Counseling Skills, Suicide Counseling Skills, Red Flags and Safety Planning around Domestic Violence.

Prevention Coordinator (May 2007-June 2008, 20 hours a week) Alternative Horizons, Durango, Colorado

- Developed and provided prevention services around interpersonal violence and domestic violence in 4 high schools, 4 middle schools, and 3 elementary schools in La Plata County these responsibilities transitioned into the Therapist position.
- Coordinated collaborative prevention efforts such as "Teen Dating Awareness Month" for 3 years and "Domestic Violence Awareness Month" for 5 years, these responsibilities carried over to Therapist position.
- Professional knowledge of social work practice, principles and theories; knowledge of prevention theory and practice, and conducting interviews to establish the nature and extent of concerns/issue.
- Participated as a member of "Sexual Assault Awareness Month" activities for 3 years.
- Evaluated procedures, results, relationship and interactions to improve community response to violence.
- Developed prevention programs, and marketing of developed programs.

Volunteer Coordinator and Multi-lingual Advocate (February 2006-May 2007, 20 hours a week)

Alternative Horizons, Durango, Colorado

- Performed rural social work and outreach in the Spanish speaking community and the Native American community.
- Created 30 hour volunteer advocate training that met state requirements for 24 hour crisis hotline volunteers.
- Screened and interviewed volunteers for advocate positions.
- Managed volunteer advocates with monthly contact.
- Organized monthly volunteer meetings.
- Assigned individual victim advocates to victims and ensured a system for assignment is in place.
- Practiced casework methods and a variety of casework services performed under supervision.

Strengthening Families Youth Instructor (September 2009- September 2010 5 hours a week for 12 week sessions)

Southern Ute Tribal Court, Ignacio, Colorado.

- Coordinated Strengthening Families curriculum for youth ages 9-18.
- Facilitated weekly learning activities based on the curriculum for youth.
- Provided parenting support and coaching for parents of the youth.

Emergency Services Therapist (May 2013-August 2014, Average of 8-14 hours a week) Axis Health System Community Mental Health, Durango, Colorado.

- Responded to mental health crisis calls, emergency evaluations at emergency department, suicide assessments, coaching DBT skills to clients with chronic mental health, & working as a team.

Youth Services Event Organizer (September 2005- April 2009 Part-time 20 hours a week) Southern Ute Community Actions Program, Ignacio, Colorado.

- Developed and managed prevention and support programs of recreational, educational, artistic, & athletic activities for at-risk youth.
- Managed behavioral issues with students, creating and implementing new culturally inclusive and humble activities for the community teenagers.
- Evaluated procedures, results, relationships and interactions to improve mission accomplishment, implement quality improvements or in response to concerns about statutory and regulatory compliance and/ or customer requirements.

Speech and Debate Coach (September 2007- July 2012 2-16 hour a week September-June) Durango High School, Durango, Colorado.

- Head coach to high school speech and debate team.
- Organized student activity.
- Hosted 3 local tournaments for over 13 schools and 500 student participants for numerous weekends.
- Traveled with students for 12 events each year around the State of Colorado.
- Traveled nationwide 3 years when students qualified for National Events.
- Provided support and encouragement to students with the values of integrity, leadership, and innovation.

Medical Assistant and Interpreter (March 2005- February 2006 40 hours a week) San Juan Basin Health Department Community Public Health, Durango, Colorado.

- Family Planning and Prenatal department: managing clients, interpreting for Spanish speaking patients, performing office work, scheduling appointments, organizing medical records, and assisting the RN with lab results.
- Immunization Clinic- provided professional interpreter services.

Vice President of Internal Affairs (June 2003- May 2004 10hours a week) Associated Student and Faculty Senate Adams State University, Alamosa, Colorado.

- Provided leadership training for on campus clubs and activity groups.
- Coordinated fundraisers for student groups.
- Facilitated monthly meetings to organize clubs on campus.
- Participated as an active member of the Student Senate, and voting member on all issues.
- Assisted with writing budgets for student activity groups.

Vice President of Programing (June 2003- May 2004 10hours a week) Program Council of Adams State University, Alamosa, Colorado.

- Provided leadership for committee heads around student programming.

- Organized events for campus wide student programming such as; Homecoming events, Casino Nights, Family Fun Day, Welcome Week, and Stress Relief Week during finals.
- Planned club social events.
- Maintained inventory on equipment.

Executive Secretary (June 2002- May 2003 10hours a week) Associated Student and Faculty Senate
Adams State University, Alamosa, Colorado.

- Initiated and established any legislation.
- Provided written record of all business meetings.
- Assisted student clubs in submitting budget proposals.
- Attended all committee meetings and took relevant notes.
- Assisted the President of Senate with various duties as assigned.

University Classes Taught:

- Assessment Across the Life Span- DU Fall 2020- present
- Substance Use Interventions0 DU Spring 2021-presnt
- Theories of Social Work Practice 2023
- Family Therapy and Theories- Newman University Jan 2020-May 2020

Trainings (an extensive list will be proved based on request)

- El Cuerpo Lleva la Cuenta (The body Keeps the Score) 3 day training on Trauma in Mexico City, by Bessel Van der Kolk and Newman Jan 2023
- Internal Family Systems-
- Trauma Informed Supervision- 2 hr DU 2023
- Integrative Somatic Trauma Therapy Certificate through Embodiment Lab- 60 hr 2023
- Uplifting Maternal Mental Health- 10hr 2022
- Business of Therapy Course by Lisa Dion- 2022, 2023
- National Train the Trainer in Motivational Interviewing- 2021 – Willian Miller and terry Moyers
- Clinical Supervision Mastery Course: Confidently Address Difficult Issues and Build a Foundation for Success (June 2021, 12 hours)
- Emotionally Focused Individual Therapy Feb 2021 (16 hours)
- Neuroscience & Yoga in the Treatment of Trauma: Mind/Body Interventions for Attachment, Mood, & Self-Regulation (Jan 2021 16 hours)
- Parent Child Interactive Therapy for Traumatized Children (10 hours)
- Entrevista Motivacional- Motivational Interviewing in Spanish Aug 2020.
- Immigration Evaluations Training through Immigration Evaluation Institute 5/11/20
- Tele-health (12 hrs) 3/20
- Nuerodynamic Couples Counseling 11/15/19 4 hours
- Brain Synchronization Training 9/5-6/2019
- Emotionally Focused Couples Therapy- 2/20-23/2019
- Animals and Human Health Certificate- University of Denver (2018)
- Certified Sex Addictions Therapist Training (160 hours 4 modules of 4 completed)
- Applied Suicide Intervention Skills Training- (16 hours) 1/25-26/ 2017 & 11/19-20/2010
- Acudetoxification Specialist Training- (40 hours) 12/2,3,4/2016

- HIV, Hepatitis C, STI, and Harm Reduction Cumulative Training: 72 hours Various Trainings
- Canine Manner's Classes- Durango Dog College 3/2015-5/2015
- Curenerismo- Through University of New Mexico- 20 hr 2015
- Synergetic Play Therapy- (58 hours) Play Therapy Institute of Colorado 6/22/2014, and completed 1st year of Certification Process with 12 clinical supervision hours provided by Kathy Clark.
- Ending Violence Against Women- (81 hours) Multiple trainings 2006- 4/2014
- Cumulative Clinical Supervision Training- (17 hours) various trainings.
- Sexual Assault Victim Advocate Training: 40 hours Sexual Assault Services Organization 1/ 2012
- Citizen Police Academy (40 hours) – By Durango Police Department trained 4/2011
- Code Red (20 hours) Community Diversity and Inclusivity Facilitator Training- Embracing Diversity Initiative 2/19/2010
- Eye Movement Desensitization and Reprocessing (EMDR) (40 Hours) trained 11/3/2009. Received 25 hours of supervision
- Community Interpreter Training (30 hours)- Through the Spring Institute and La Plata Unity Coalition 10/24/2009
- Spanish for Social Workers Specialized Classes- 120 hours trained Through University of Denver 6/2007
- Sexual Assault Response Team Class- Offered though Adams State University 2003-2004

Community Service

- Construyendo Poder- Volunteer and Trainer 2022-Present
- Colorado Coalition Against Domestic Violence- Member at Large 2016-Current
- Voces Unidas for Justice- Volunteer at large 2018- Current
- Inside Out Youth Services- Volunteer February 2016- 2019
- Girl Scouts of Colorado- Troop leader for Middle and High School aged girls (2011-2014)
- Robert E Denier Youth Detention Center- Volunteer Zumba instructor 2012-2015
- Embracing Diversity Initiative- Youth/Adult partnerships in the community. (2010-2015)
- Actor for Los Monólogos de la Vagina (Vagina Monologues) (1 Performance each April in 2010-2013) Sexual Assault Services Organization. Raised awareness outreach around sexual violence in the Latina community.
- La Plata Unity Coalition Medical Interpreter/ Translator Volunteer (2009-2013)
- LASSO Tobacco Coalition and NOT on Tobacco Facilitator-Volunteer San Juan Basin Health Department (2007-2010)
- Volunteer at La Prusia in Granada, Nicaragua- May-August 2006 Teaching Art and Physical Education at La Prusia Elementary School in Spanish.

Speaking Engagements

- CCHF 2024 Conference- Thriving Through Compassion Fatigue 2024
- Como Manejar la Salud Mental- Colorado Access Sobre Mesa- 2023
- The Power of Rural Health Care Conference Wyoming- Thriving Through Compassion Fatigue
- ATTaCH Conference 2021, 2023 & 2024. Animal Assisted Therapy, and Integrating yoga in attachment work.
- NASW-South Carolina- Animal Assisted Social Work. 2023

- CHAMPS/NWRPCA Fall Primary Care Conference- Thriving Through Compassion Fatigue and Burn out. Oct 2022 Denver CO
- West Palm Beach Florida Motivational Interviewing for Victims Advocates 2020
- Financial Abuse and Recovery- Dow Janes Online Training
- Documentation for Behavioral Health – Colorado Health Network- 2019 and 2020
- De-escalation Skills Training for staff- Colorado Health Network 2017-2020
- Workshop Presenter: Colorado Advocacy in Action Conference 2016 and 2019 workshops presented: Effects of Violence on Children, Breaking the Stigma of Sexuality for non-English Speakers, & Understanding the Cultural Barrier Between us, Motivational Interviewing Skills for Advocacy.
- Winter Symposium Keynote Speaker- Animal Assisted Interventions in Psychotherapy 1/2019
- Keynote Speaker: Domestic Violence Awareness Month Candlelight Vigil in Raton, NM, 10/2015

Education

ADAMS STATE University

Bachelor of Arts December 2004 Psychology

Bachelor of Arts May 2005 Spanish

Internship- **Boys and Girls Club San Luis Valley**- January- May 2004

Internship- **El Pomar Foundation**- June-August 2004

Study Abroad- **Center for Cross- Cultural Study Inc.** Seville, Spain. August-December 2004

UNIVERSITY OF DENVER (CSWE Accredited)

Master of Social Work June 2008

Practicum Internship- Alternative Horizons (16 hours a week) Advocate and Case Manager

Clinical Internship- Axis Health System- (20 hours a week) Child and Adolescent Department

August 2007-May 2008

Emphasis on Latino Studies- Spanish for Social Worker class and Global Relations and Poverty in Mexico- 2 week class in Cuernavaca, Mexico. University of Denver

Phi Alpha Honor Society Member

References - Available on the following sheet

Darlene Brace LCSW LAC CSAT-C ADS

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